

What Can We Do To Help?

Did you know that since 1953 when plastic was first made in Australia, we have contributed to the production of over 6.3 billion tonnes of plastic waste? Sadly, only 9% of this has ever been recycled? I wholeheartedly believe that more recycling should be encouraged.

To begin, marine animals all around the world are suffering from our plastic waste. As a result of humans not recycling enough, 100 million animals die every year from eating plastic or getting tangled in it, thinking it was food. We need to recycle more to ensure that these poor, unsuspecting animals aren't dying because of us.

It's not just animals in the ocean that we are impacting. When we add more rubbish to landfills, it rots and decomposes, emitting greenhouse gasses that contribute to global warming.

Landfills don't just affect the environment, though. They can have dire effects on humans too. Being near landfills for too long can induce cancer and some birth defects. But all this can be avoided by recycling more.

Now you might be thinking, "It's easy for you to just tell us the effects that not recycling enough has, but how can we stop wasting plastic?", so I have some tips for you. Firstly, don't buy plastic bags. When you go shopping, bring your own reusable bags, or those leftover plastic bags you still have at home right now.

Another thing is to use drink bottles for your water! And again, if you're thinking, "But I have lots of plastic bottles at home, what do I do with them?" just treat them like normal drink bottles by using them a couple more times, and then recycle them. We need to do whatever we can to reduce plastic, and recycling is the best option because currently there are about 100 million tonnes of plastic in all the oceans around the world.

In conclusion, our environment is suffering and so are animals in the ocean. More recycling needs to be encouraged whether it is at home or at school. So what are you going to do to help?